

Echigo-Tsumari Satoyama Museum of Contemporary Art/ KINARE (1)

The museum building was made in 2003 to resemble the tents of a caravan of merchants. It exhibits the work of contemporary artists from around the world in a beautiful natural setting.

http://smcak.jp/en

| Shon-cho, Tokamachi-shi
10:00-17:00
Closed on Wed
Adults: 800 yen; Primary/Middle School students: 400 yen
(Special exhibitions require a separate admission fee.)



Saifukuji Temple Kaisando (2)

19th-century artist Uncho Ishikawa, nicknamed "Michelangelo of Echigo," left many interesting works. Intricate sculptures, paintings, plaster work, and sculpted ceilings are based on the teachings of Dogen, who started the Soto School of Buddhism to which this temple belongs.

http://www.saifukuji-k.com/

1 174 Oura, Uonuma-shi
9:00-16:00(last.admission at 15:40)Open seven days.
Admission: 500 yen; Primary School and younger: Free



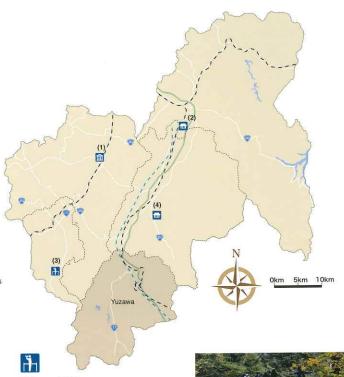
Getting to Echigo-Yuzawa



About 70 minutes by Joetsu Shinkansen from Tokyo

About 50 minutes by Joetsu Shinkansen from Niigata

Excursions Around Yuzawa



Mikura Bridge (3)

This beautiful hanging wooden bridge offers a stunning overview of the Nakatsugawa river and forest.

Ketto, Tsunan Machi, Naka Uonuma-gun http://tsunan.info/page_miru-toru/details. php//main=1&sub=0&no=1239074525 Open except in Winter.



9 Niigata

Echigo-Yuzawa

Untouan (4)

Each pebble leading from the red gate to the main of this temple is inscribed with a letter from the Lotus Sutra.

With reservations, the Buddhist temple offers instruction in Zen meditation and sutra-making.

http://www.untouan.com
660 Unto, Minami-Uonuma-shi
Mid-April to November 9:00-17:00
December to Mid-April 10:00-15:30
Admission: 300 yen;

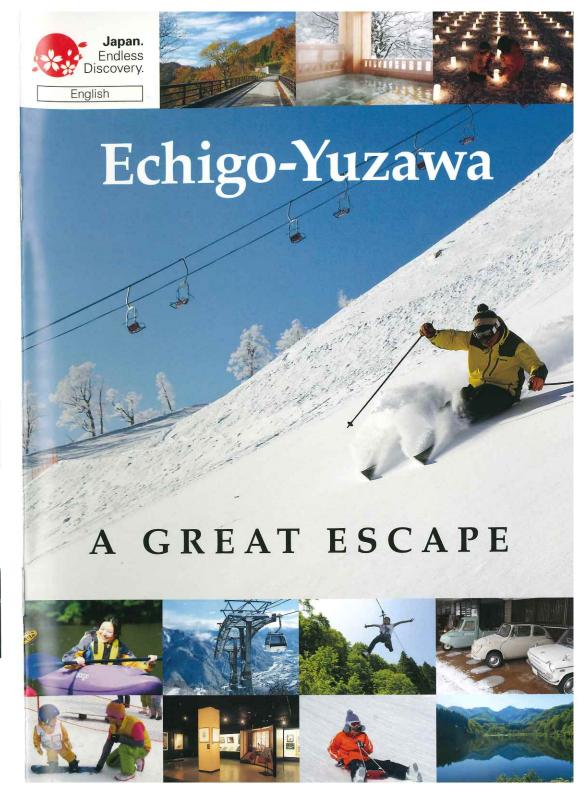


For Tourism Inquiries, contact:

YuzawaTown Tourist Association 025-785-5505 http://e-yuzawa.gr.jp

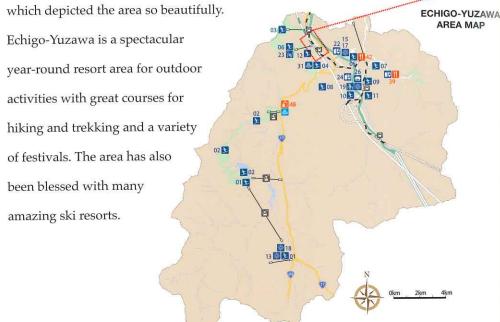
Echigo-Yuzawa: A Great Escape





Welcome to Echigo-Yuzawa

Just a 77-minute bullet train ride from Tokyo, Echigo-Yuzawa is located in the southernmost part of Niigata Prefecture. Nestled in the Japanese Alps, it's known for its scenic beauty, great ski resorts, and rich cultural history. Echigo-Yuzawa has an 900-year-long history as a therapeutic hot springs retreat. The town's popularity was further bolstered in 1968 when Yasunari Kawabata received the Nobel Prize in Literature for Snow Country,



GUIDE TO ICONS USED IN THIS BOOK

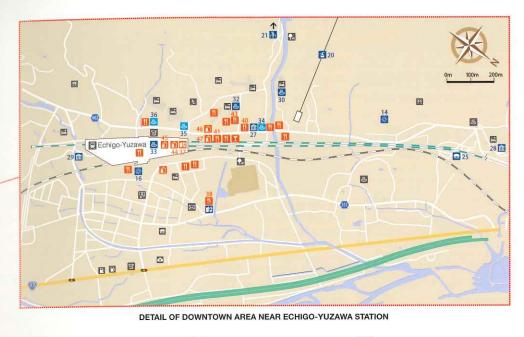
Skiing Snowboarding Snowmobiling **Sledding**

Mot Spring Bath

- Children's Activities Festivals Swimming Pool
- Ski Rental Snowboard Rental Gondola/Ropeway
- Nature/Sightseeing Recreation
- Accommodations Dining
- Shopping
- Shrine/Temple Workshop Foot Bath
- Taxi do Bicycle Waiting Area

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03 2

Yuzawa's Winter Wonderland

With easy access from Tokyo and a wide variety of ski resorts, it's easy to see why Yuzawa is the most popular ski area on Japan's main island. Yuzawa's ski resorts have something to fit the needs of every ski and snowboard enthusiast from absolute beginners to true experts. It's a great place to get away, whether you're going with friends or bringing the entire family.



GALA Yuzawa Ski Resort

So quick and easy. If you're eager to hit the slopes of Japan without a lot of hassle and preparation, this is a great place to start. As you step off the bullet train, you're already at the ski resort. Rental gear, locker rooms, restaurants, and shops are all in one place, designed to get you on the slopes in record time. There's a world of choices for people of all ages and every experience level. Relax and take in the view from one of the restaurants near the gondola station.



17 trails, longest 2500m; Altitude: 358-1181m Snowboarding on all trails; Snowboarding park T 025-785-6543 www.galaresort.jp/winter/english Connected directly to GALA Yuzawa Station From Echigo-Yuzawa Station 4 minutes by free shuttle bus 1039-2 yuzawa aza Kayatair Dec-May 8:00-17:00 One-day pass -Adults: 4,600 yen

Primary School: 2,300 ven

Ski Rental

GALA Yuzawa

Naeba

Kagura

NASPA

Iwappara

Yuzawa Kogen



All ski resorts in the Yuzawa area have ski gear and ski wear rental.

Skis

-33.5cm

-32.5cm

-31cm

-32cm

-31.5cm

-31cm

Snowboard

-33.5cm

-32.5cm

-31.5cm

-31cm

-31cm

The availability of sizes differs from one resort to another. Gala

-6L

-41

-1

-7L

-3L

*These are Japanese sizes, which are smaller than sizes in the U.S.

-190cm

and NASPA have larger sizes. See the chart below for reference.





生 五 年 星 ※ 8 Naeba Ski Resort

If you are planning to ski for a few days, it's worth it to take the 50-minute shuttle bus ride to go to Naeba, the largest and most popular ski resort on Japan's main island. The resort has 3 gondolas and 10 lifts. It has more than 20 restaurants, shops, and a hot spring spa. From the east end, you can catch a ride on the japan's longest (5,481m) "Dragondola" giving you access to the Tashiro ski area, which connects to the Mitsumata and Kagura ski areas.

生五点点 Rentals Available

22 trails, lonnest 4000m; Altitude: 900-1789m nowboarding on all trails; Snowboarding park 2 025-789-4117 www.princehotels.com/en/ski/naeba.html From Echigo-Yuzawa Station, 50 minutes by bus(660yen) (there's also a free shuttle bus in winter for hotel quests) Dec-Apr. 8:00-17:00

Evening Hours (Weekday and Sunday) closed at 20:30. (Saturday / Specified date) closed at 21:00. One-day pass - Adults: 5,000 yen; Under 12: Free





Kagura Ski Resort

Deaming of Powder? "Kagura" is a Japanese traditional dance to entertain the gods. Kagura Ski Area is the answer to prayers to the snow god. It's known as a paradise for powder enthusiasts. Ouieter and less crowded than Naeba, the Kagura Ski Area includes areas of Kagura, Mitsumata, and Tashiro.

生多点 Rentals Available

Kagura, Mitsumata area 23 trails, longest 6000m; Altitude: 620-1845m Snowboarding on all trails 025-788-9221 www.princehotels.com/en/ski/naeba.html From Echigo-Yuzawa Station, 20 minutes by bus(370yen) ▼ 742 Mitsumata, Yuzawa-machi Nov-May, Weekdays 8:00-17:00, Sat/Sun/Holidays 7:30-17:00 One-day pass - Adults: 4,700 yen; Under 12: Free *Tashiro Area opens from December



スキーレンタル Ski Rental	ゴンドラ Gondola (Ropeway
リフト Lift	初心者 Beginner
中級者 Intermediate	上級者 Advanced
危険 Danger	立ち入り禁止 No Entry
運行中止 Not in Operation	強風 Strong Wind
禁止 Prohibited	禁煙 No Smoking
スキーの失を上げてください	Lift up the tips of your skis

Reading Signs in Japanese

スキーレンタル Ski Rental	ゴンドラ Gondola (Ropeway)
リフト Lift	初心者 Beginner
中級者 Intermediate	上級者 Advanced
危険 Danger	立ち入り禁止 No Entry
運行中止 Not in Operation	強風 Strong Wind
禁止 Prohibited	禁煙 No Smoking
スキーの失を上げてください	Lift up the tips of your skis



Iwappara Ski Resort

Wide open spaces! Iwappara was the first large ski resort opened in Yuzawa, at a time when it was still legal to clear woods to make trails more than 20m wide. Its wide open main slope is popular with beginners and perfect for practicing new skiing and snowboarding techniques. Its 300m long slide slope

in Kids Paradise is a stress-free and safe attraction.

生生点

Skiing without boarders. If you prefer

watch out for snowboarders, NASPA is

vour choice. It's a compact ski resort,

the woods for beginners. The NASPA

New Otani has a hot spring spa. Kids

will enjoy slides and tube rides or can

stay at the hotel's day care, or learn to

ski. There's specialized ski instruction

From Echigo-Yuzawa Station, free shuttle bus, or 3 minutes by taxi

One-day pass - Adults: 4,200 yen; Primary School: 3,200 yen

available for all ages and levels.

8 trails, longest 2200m; Altitude: 430-690m

2 025-780-6888 www.naspanewotani.com

生 1 点 2 * 题

IBAM

Rentals Available

Dec-Apr. 8:30-16:45

nowboarding on all trails

5 trails, longest 1000m; Altitude: 450-680m

rom Echigo-Yuzawa Station, 7km.

3223-6 Tsuchidaru, Yuzawa-machi

T 025-787-6201 http://www.ludens-resort.net/eki/

15 minutes by Ludens courtesy bus from East exit

Veekday, adult 2,000 yen, child 1,000 yen, elderly (55yr+)

Saturday and specified date, adult 2,500 yen, child 1,500 yen,

Ludens Yuzawa Ski Area

A private-like ski slope with a short

time waiting for the lift. The ski slope

facing northeast receives high-quality

snow and is an attractive flat lookout.

Snowboarding: Prohibited on all trails

2117-9 Yuzawa Yuzawa-machi

生点点

Rentals Available

exclusively for skiers. Îts 8 courses

include a 2200m-long run through

carefree skiing without having to

NASPA Ski Garden

Rentals Available 20 trails: Innoest 4000m; Altitude: 400-985m

Snowboarding on all trails □ 025-787-3211 www.iwa-ppara.com
 From Echigo-Yuzawa Station, 10 minutes by free shuttle bus 731-79 Tsuchitaru, Yuzawa-machi Dec-Apr, (Weekday and Sunday)8:00-20:00 (Saturday)8:00-21:00

One-day pass - Adults: 4,000 yen; Under 12: 2500 yen



生为这黑紫色

Yuzawa Kogen Ski Resort

The base station of this resort is right in downtown Yuzawa, just an 8-minute walk from Echigo-Yuzawa Station. It claims the world's largest gondola car, with a capacity of 166 people. You can ski from the slopes right down to the

It's a quiet, relaxed resort. There are two family areas where kids can learn to ski or just play in the snow.

生五点点 Rentals Available

8 trails, longest 5000m; Altitude: 870-1170m Snowboarding: Prohibited on certain trails 2 025-784-3326 http://yuzawakogen.com From Echigo-Yuzawa Station, 8 minutes walking 2 minutes by free shuttle bus Dec-Apr. 8:30-17:00 One-day pass - Adults: 4,200 yen; Primary School: 3,000 yen



Nakazato Snow Wood Ski Area

The 1,500-meter slope running through woods to a wide mountain foot has no gaps and is safe even for ski beginners and children.



Rentals Available

1 trails; longest 1500m; Altitude: 487-670m 2 025-787-3511 http://www.e-yuzawa.gr.jp/ski/snowood.htm Change to the Jyoetsu Line at Echigo-yuzawa station, 5 minutes' walk from Echigo-nakazato station

4731-2 Tsutitaru, Yuzawa-machi One day ticket

Veekday, adult 1,800 yen, child 1,400 yer Saturday and specified date, adult 2,200 yen, child 1,700 yer

Weekday 8:30-17:00. Saturday and specified date 8:00-17:00



生 多 4 黑 ※ 巡

Yuzawa Park Ski Resort

The resort's trails of different difficulty levels have great quality snow.

生压点点 Rentals Available

11 trails, longest 1500 m; Altitude: 440-650m

Snowboarding on all trails

2025-787-4111 www.park-resort.com

From Echigo-Yuzawa Station, 15 minutes by free shuttle bus
Kosaka, Yuzawa-machi Dec-Apr, Weekdays 8:30-17:00, Sat/Sun/Holiday 8:30-17:00

One-day pass - Adults: 4,000 yen; Primary School: 2,000yer



Kandatsu Kogen Ski Resort

Just 3 minutes from the Yuzawa Interchange on the Kanetsu Expressway. It's known for having great snow.



Rentals Available

13 trails, longest 3500m; Altitude: 460-1000m

Snowboarding on all trails

2 025-788-0111 http://www.kandatsu.com/ From Echigo-Yuzawa Station, 10 minutes by free shuttle bus

4121-1 Kandatsu, Yuzawa-machi December to end of March (Weekday)8:00-16:30 (Saturday, Sunday, Holiday)7:00-16:30 End of March to last date of season

One day ski lift ticket (Weekday)Adult 3,900 yen, Primary school student 2,800 yen(Saturday, Sunday, Holiday)Adult 4,500 yen,

Primary school student 3,200 ven *Night skiing is available. (specified date only)



Connected to the Echigo-Nanazato

Station, this resort has unique features for families with small children.



Rentals Available

16 trails, longest 2000m; Altitude: 458-702m

Snowboarding on all trails 2 025-787-3301 http://www.vuzawa-nakazato.com/ From Echigo-Yuzawa Station, 20 minutes by free shuttle bus

■ 5044-1 Tsuchitaru, Yuzawa-machi. Dec-Apr, Weekdays 8:30-16:30, Sat/Sun/Holiday 8:00-17:00 One-day pass - Adults: 4,200 yen; Primary School: 2,200 yen *Night skiing is available. (specified date only)



Ipponsugi Ski Area

A ski slope like a courtyard of Yuzawa at the center of Echigoy Yzawa Hot Spring resort. It is open exclusively for skiing, sledging, and snow playing. The name "Ipponsugi" means a single cedar, which comes from a tall Japanese cedar standing at the center of the slope.



Rentals Available

1 trails, longest 400m; Altitude: 440-470m © 025-784-4440 http://http://www.ipponsugi.net/ From Echigo-Yuzawa Station, 3 minutes walking 2521 Yuzawa, Yuzawa-machi

Dec-Apr, 8:30-17:00 One day ticket, Adult 4,200yen, elderly (55yr+) Child preschool

Fantastic Festivals Around Yuzawa

Festivals are a great place to learn about an area's tradition and culture. It's also the perfect time to meet people as everyone is in a festive mood. Festivals always come with amazing food. Join the fun and take in the sights, sounds, and tastes of these delightful festivals.







Fuji Rock Festival

It's Japan's answer to Woodstock. The first Fuji Rock was held at Mt. Fuji in 1997, but the Naeaba Ski Resort became its home starting in 1999. The outdoor rock festival features more than 200 bands and people from all over the world. Many people come for the fun of camping out and partying under the open skies. It's a free and wild time, but it's also a safe and controlled environment.

www.smash-uk.com 50minute shuttle bus ride Naeba Ski Resort (See P4) End of July, 3 days



Yuzawa Hot Spring Snow Festival

The downhill skiers with big torches are amazing. The parade of *mikoshi* (portable shrines) on the snow is spectacular. You'll discover that fireworks in the snow are even more dramatic than in the summer sky.

Yuzawa Hot Springs Snow Festival
Yuzawa Kogen Ski Resort (See P5)
Early March



The Fuji Rock Forest Project. The environmentally conscientious Fuji Rock Festival aims to be the world's cleanest, most waste-free festival. The joint green project run by the festival organizer, Yuzawa Town, and Niigata Prefecture started in 2011 to project the forest around the festival site.



Yuzawa-Nakazato Hotaru no Sato (Firefly Park)

Presented by Mother Nature. The firefly is not just a bug in the mind of the Japanese. These mysterious and short-lived lightning beings have been cherished as a symbol of fleeting beauty and the fragility of life in Japan since ancient times. Fireflies only live in pristine nature, so local residents have worked hard to restore their habitat.

Near Zuishoan 20 minute walk from Echigo-Nakazato Station Station Nakazato, Yuzawa-machi Early July -Early August



Yuzawa Flower Festival

Beneath a glorious canopy of cherry blossoms in the park, vendors are selling light meals, snacks, and even tiny *bonsai* trees. Everyone turns out to see this natural wonder.

15-minute walk from Echigo-Yuzawa Station Yuzawa-machi Central Park End of April

SPRING





Yuzawa Hot Spring Summer Festival

The east entrance plaza of the station tranforms into a festival site. Watch cheerful Japanese traditional dancing from the festival beer garden or even join in the dance!

Echigo-Yuzawa Station East Entrance Plaza



Enjoy Nature in Yuzawa

If you only know Yuzawa as a winter paradise, you're missing much of what Yuzawa has to offer. When the snow melts away, the real beauty of Yuzawa emerges. The mountainous land is covered with lush green forests. It's a great place for outdoor activities and one of the best places to enjoy the changing colors in the fall.



Fudotaki Waterfalls

A pleasant walk along the river from Takizawa Bridge to Takizawa Park brings you to see these mystic waterfalls from the Takinosasa River. People see the twin falls as a couple, male on the left, female on the right. It's been known as a sacred place for lovers to pray.

25-minute walk from Echigo-Yuzawa Station

25-Yuzawa, Yuzawa-machi
Soring-Fall (inaccessible in winter due to snow)







Yuzawa Kogen Ropeway/ Yuzawa Highlands Park "Alp no Sato"

Enjoy panoramic views on the 7-minute journey in one of the world's largest cable cars. At 1000m, Alp no Sato has a huge rock garden where you can get a close look at rare mountain flowers. In summer, you can join a nature walk or hike on your own. Alp no Sato has attractions for thrill seekers as well. A 706m bobsled track and mountain gocarts are safe for kids and fun for adults. Or how about taking a flight through the air on the Zipline Adventure?

© 025-784-3326 www.yuzawakogen.com/ 8-minute walk from Echigo-Yuzawa Statiion ■ 490 Yuzawa, Yuzawa-machi End of April-End of November adult 1900 year child 900 year







Yukiguni Agri Park Yuzawa Strawberry Farm

Yuzawa residents wanted to make their lives more colorful in winter. So they made a strawberry farm in greenhouses. No bending required as you pick them just above waist level.



Yuzawa Fishing Park

It's an easy and satisfying fishing trip. Part of the river is a fishing park. Kids can catch fish with a net in a pond. For lunch, you can grill the fish you've caught or try Japanese-style BBQ with vegetables and noodles.

□ 025-787-3911 www.yuzawa-fishingpark.com
 10 minutes by taxl from Echigo-Yuzawa Station, approx. 1,700 yen
 □ 6191-512 Tsuchitaru, Yuzawa-machi
 End of April-Early November, 9:00-17:00
 Admission: 2,400 yen (feed and catch separate), cash only





Korasshai Yuzawa Harvest Festival

A special green market where local growers bring their harvest. Demonstration of traditional meal and dessert cooking and *mochi* (rice cake) pounding!

from Echigo-Yuzawa Station

Vuzawa-machi Central Par
Mid-October





Naeba Snow Festival

A fireworks show is held at Naeba Ski Resort every Saturday. Enjoy the colorful fireworks in the night

sky above the white ski slope. Naeba Snow Festival is held on the third Saturday of March, where 1,500 shots of fireworks light up the ski slope. Snowmobile tour at Naeba Ski Resort: The night snowmobile ride offers an extraordinary time and space including snow playing on the snowfield under sky-full of stars and looking down the fireworks from the summit. Everyone can enjoy the time in different ways in the space surrounded by tranquility and Mother Nature.

WINTER



16

Historical Charm of Yuzawa

In the 8th century, Yuzawa's hot springs were discovered. The Mikuni Road was developed for traveling *samurai*, and Yuzawa grew as a trading post. The destiny of the town took an unexpected turn in the 1960s when a regular customer of the Takahan Inn, Yasunari Kawabata, wrote the literary masterpiece *Snow Country*. The story of forbidden love between a wealthy man from Tokyo and

a local geisha was modeled on a real-life drama that took place in Yuzawa. It won the Nobel Prize for Literature in 1968. Since then, Yuzawa has held a special place in the hearts and minds of the Japanese people.

The novel has been translated into 35 languages.



The "Snow Country" Museum

This small museum gives insight into the history of life and traditions in snow country. The recreated room from an old country home provides a clear image of a very different way of life that wasn't so long ago. Various pieces of old farm machinery show the ingenuity and resourcefulness of the people farming in the area. The museum also has an impressive art collection on display.

1025-784-3965 http://www.e-yuzawa.gr.jp/yukigunikan/ 7-minute walk from Echigo-Yuzawa Station 10354-1 Yuzawa, Yuzawa-machi 9:00-17:00, (last admission at 16:30) Closed on Wed (if Wed is a holiday, the museum is open, closing on Thurs) Adults: 500 yen, cash only



Useful Japanese

When was this building built?

Kore ni furete mo ii desu ka?

Shashin o totte mo ii desu ka?

Koko de furashu o taite mo ii desu ka?

May I take photographs ?

May I use a flash here?

Kono tatemono wa itsu taterare mashita ka?

What is this?

Kore wa nan desu ka?

May I touch this?

_

111

Visiting a Shrine

"Kasumi Room"

of memorabilia.

923 Yuzawa, Yuzawa-machi

9:00-17:00, No Scheduled Closure

literature reference room

2 025-784-3333 www.takahan.co.ip/english.html

25-minute walk from Echigo-Yuzawa Station

The Takahan Inn has become a pilgrim-

age site for Kawabata fans. The inn has

preserved the room where the author

stayed and wrote Snow Country as a

Adults: 500 ven; Inn quests, Middle School and under: Free

permanent display and has an archive

At all shrines (and temples), one should behave calmly and respectfully as these are sacred spaces.

Bow respectfully when entering and leaving the complex. At the purification fountain near the entrance, take one of the ladles and fill it with fresh water. Rinse both hands. Transfer some water into your cupped hand, rinse out your mouth, and then release the water to the side of the fountain.

At the shrine's offering hall, throw a coin into the box, bow twice, clap twice, bow once more, and then pray for a few seconds.

(At a temple, the procedures are similar but without the clapping. Throw a coin into the box, put your hands together in prayer and bow once, then bow again before you leave.)



For 800 years, this shrine has watched over Yuzawa. A 30-meter high sacred cedar tree stands over flat stones that are called the "lovers' pillow" as Kawabata had Komako and Mr. Shimamura sitting there together in Snow Country.

20-minute walk from Echigo-Yuzawa Station

Vuzawa, Yuzawa-machi
Spring - Fall (inaccessible in winter due to snow)



Zuishoan Temple

In this Buddhist mountain temple, colorful statues of Nio guardian gods by the famous 19th-century sculptor Uncho Ishikawa stand in contrast with the subdued temple gate.

12-minute walk from Echigo-Nakazato Station 4595 Tsuchitaru, Yuzawa-machi Spring - Fall



Hot Springs of Yuzawa

Long before skiing became popular, Yuzawa was famous for its hot springs. There's a tremendous variety of healing hot springs. Many are open for day use, and there are a number of public bath houses that you can enjoy without making reservations.



Soothing Hot Waterfall

Praying under a cold waterfall is an old Japanese spiritual practice. In this spacious outdoor bath, your troubles melt away under hot-spring waterfalls.

Yuzawa Toel-Hotel

8-minute walk from Echipo-Yuzawa Station

3-459 Yuzawa, Yuzawa-machi

3-459 Yuzawa, Yuzawa-machi

3-459 Yuzawa, Yuzawa-machi

1000 yen (wiface towel), Bath towel: 300 yen, Credit cards are acceptable for payments.



Hot Spring & Spa Facilities

The NASPA New Otani Hotel offers day use of private hot-spring baths with advance reservations. It also has a full spa facilities, including indoor and outdoor hot-spring baths, a heated swimming pool, jacuzzi, and sauna.

NASPA New Otani
10 025-780-6111 www.naspanewotani.com/
23 217-9 Vuzawa, Yuzawa-machi
Day use: Communal baths - 8:00-17:00(Except cleaning time)
- 1,100 yen
Private baths - 8:00-23:00

Private baths - 8.00-23.00
Green season (Weekday)¥2,500(1 hour)
Specified date (Saturday, Sunday, Holiday)¥4,200(1 hour)
Winter season (Weekday)¥3,000(1 hour)
Specified date (Saturday, Sunday, Holiday)¥5,000(1 hour)
**Alkéa a reservation on the day.



The Healing Power of Jade

Jade is believed to enhance stability of mind and to be good for the eyes. Try the healing power of the Jade Bath and the Jade Super Jacuzzi on the premises.

TO 025-784-2191 http://www.yuzawanewotani.com/
7-minute walk from Echigo-Yuzawa Station
ES_330 Yuzawa Machi
Day use:
Communal baths: 10:30-11:30, 12:30-20:00
Adults: 1000 yen; Primary School: 500 yen (wface towel)
Feitrance may be rejected if the facility becomes too crowded.
Private baths: 15:00-22:00: 1 session 50 minutes 3,240 yen
Reservations required for private baths. Additional charges apply



Soaking in Sake?

There's a public "sake bath" in the sake museum. It's said to stimulate blood flow and make your skin smooth. The subtle smell of sake fills the air.



Give Yourself a Break... Take a Foot Bath (Ashi-yu)

Yuzawa has several roadside foot baths where you can soak your feet in soothing natural hot springs. It's free. So just sit back and bare your soles. It's an easy way to rejuvenate.





Foot Bath "Karakasa-Tei"

The green rock is believed to release negative ions to help you relax.

2 025-784-2251
2-minute walk from Echigo-Yuzawa Station In front of Hotel Inamoto
2497 Yuzawa, Yuzawa-machi 8:00-18:00



Foot Bath "Hatago"

This foot bath is next to a coffee shop that uses hot spring water.
Sipping coffee while soaking your feet, very refreshing.

□ 025-784-3361
 Across the street from the west exit of Echigo-Yuzawa Station in front of the Halago Isen inn.
 □ 2455 Yuzawa, Yuzawa-machi 9:00-18:00





Foot Bath "Kannakkuri"

In front of The "Snow Country" Museum. Wheelchair accessible. Toilet on site.

1 025-785-5353
7-minute walk from
Echigo-Yuzawa Station
354 Yuzawa, Yuzawa-ma90-21:00
(inaccessible in
winter due to snow)



Enjoying a Hot Spring Bath

Put your valuables in the coin locker

- Take off all of your clothes in the locker room
- Sit on one of the small stools in front of a faucet and use the bucket and/or hand shower to get water for washing
 Clean yourself thoroughly before
- entering the bath (it's a bath shared by users so you should be completely clean before you get in)
- Quietly enter the bath, sit back, relax, and enjoy
- Rinse the stool and bucket when you're done with them
- Take your towels back to your room when you are done



- Don't spray or splash water beyond your personal area when washing (be considerate of others)
- Don't use soap or shampoo in the bath (they're for cleaning before you enter the bath)
- Don't put your towel into the bath water (the bath is for soaking and relaxing, not for cleaning and scrubbing)
- Don't run, jump, swim, dive, or splash around
- Don't yell or talk loudly (people have come to relax)
- Don't leave your towels (take them back to your room)



Enjoying the

•Take off your shoes and

•Roll up your leggings or

•Keep the bench dry for

·Soak your feet in the

soothing warm water

Foot Baths

socks

pant legs

other people

Mitsumata, roadside station

Many features in Yuzawa, nature, gourmet, souvenir, foot bath.
Mitsumata 1000, Yuzawa-machi,
Minamiuonuma-gun, Niigata, 949-6211
business hours [May—November]: 9:00-17:00
(open seven days)
[December—April]: 10:00-19:00 (closed on Tuesday)
TEL 025-788-9410
20 minutes by bus from Echigo Yuzawa station.





Food in Yuzawa

Yuzawa has a range of delightful choices when it comes to going out to eat and drink. Whether you're skiing, trekking, or just wandering about town, you'll build up a healthy appetite. Great activity and great food—it's a compelling combination.



Sake

Sake is brewed mainly using rice and water. The Echigo region is known for its top-quality rice production and pristine water. It's only natural that the region also creates great sake. Sake preferences are distinctly personal, and it's worth taking the time to try a few (or more) to see what you like.



All rice is not created equal. You may discover that simple white rice can be incredibly delicious during your stay in Yuzawa. Echigo is Japan's



most prestigious region for rice production. The regional cultivar, koshihikari, is known as the noble king of rice, known for its crystal-like shine and rich taste.

Soba

Soba, all natural buckwheat noodles, can be found all over Japan, but Yuzawa has its own traditional soba called hegi-soba. It uses funori, made from seaweed, as a binding agent, giving it a subtle but distinctive flavor and color.

Mountain Vegetables

TYPES OF SAKE

Ginjo-shu 吟醸酒

periods of time

Daiginjo-shu 大吟醸酒

Honiozo-shu 本部浩洒

10

Brewed with labor-intensive steps,

highly polished rice and fermented

at colder temperatures for longer

Brewed with very highly polished

The pinnacle of the brewers' art.

Made with rice, water, koji, and

rice and even more precise

and labor intensive methods

eschewing machinery for tradi-

tional tools and methods, using

Mountain vegetables are cherished as gourmet foods that represent the season's blessings. Many mountain vegetables are young shoots from wild plants that are harvested in the spring and preserved through drying or pickling to be used year round.



a very small amount of pure

flavor and aroma

Junmai-shu 純米酒

Nigori-zake 濁り酒

Nama-zake 生酒

Unpasteurized sake

rice solids

polished to at least 70%

distilled alcohol to help extract

Made with only rice, water, and

koji mold. The rice used must be

Cloudy sake that has not been

pressed fully from the fermenting

Sake Museum "Koshino Muro"

Tasting sake in Japanese is kiki-zake. There are 129 varieties of sake on hand for tasting, and it's an impressive collection The self-service system uses token-operated dipensers. Some brands of Sake require more than two tokens.

You can buy 5 tokens for 500 yen to try 5 kinds of sake. No lengthy explanations. This is a great way to learn more about sake. Also, try some of the flavored salts and miso, served free of charge. Salt and miso have long been regarded as good pairings with sake.

2 025-784-3758 www.ponshukan.com/ Inside Echino-Yuzawa Station Apr-Dec. 9:00-18:00 Sake Tasting: 500 yen for 5 tokens (5 self-service samples), Credit cards are acceptable for payment

Shirataki Sake Brewery

Shirataki is a boutique brand of sake that is widely distributed. It became known for its clean and crispy taste as well as for its elegant, modern bottles. You can take a tour of the brewery and taste the sake at the end of the tour. They want people to experience the aroma of sake brewing, so the tour actually takes you through the brewery, not like many tours where you're just looking through a glass wall.

7 025-784-3443 www.inzen.sakura.ne.ip/english 5 minute walk from Echigo-Yuzawa Station 2640 Yuzawa Yuzawa-machi Weekdays: 10:00-12:00, 13:00-15:00, Closed Sat/Sun/Holidays Brewery tour: Free (Advanced reservation)

Workshop Daigenta

Daigenta is a cooking studio and restaurant, where you can try your hand at soba-uchi (soba-making) and then have it

cooked afterward. Turns out that making soba is interesting and fun. And with a bit of expert guidance, it's easy. Kids can do it. All done in about an hour.

2 025-787-1121 025-785-5678(English speaking operator) approx. 20 minutes by bus approx. 25 minutes by Taxi: approx. 2,840 yen winter premium, 20 percent increase) from Echigo-Yuzawa Station 399-1 Tsuchitaru, Yuzawa-machi 9:00-16:00 *Closed on Wed, except in Aug Workshop fee: 4,000 yen per group (up to 4 people)

How to Enjoy Cold Soba Noodles

- · Add a little amount of condiments (usually scallion and wasabi) in the dipping sauce
- · Pick up some soba noodles, dip them into the sauce bowl, and eat away.
- . You can ask for a fork and/or spoon, but that's not the traditional Japanese way to eat soba. It's believed that you can enjoy its flavor more by slurping your poodles poisily
- You may be offered a large tea pot at the end of the meal. It's filled with boiling water from soba and regarded as healthy and full of vitamins. Pour it into your sauce bowl to make soup, then sip

*Soba (Buckwheat) is not wheat but seeds that contain a protein that some people are allergic to. If you've never had soba, try a small amount first to test your reaction.

Restaurants in Yuzawa

PIZZERIA La locanda del pittore IWAPPARA T



This is not the pizza joint you'd expect to find at a ski resort. The owner spent many years living in Italy, and the Austrian chef (from a town near the Italian border) offers authentic Italian fare with a twist - using famed Niigata beef and fresh local vegetables. The wine list is impressive, and the place is so popular that many regular guests wait two hours or more for this incredibly satisfying dining experience. Pizza, calzones, steaks, all cooked with wood fires, plus seafood, pasta, salads, desserts... and every dish prepared to perfection. This place is simply amazing. Well worth the trip.

http://e-pittore.jp/wp/ Inside the Iwappara Ski Resort 1731-1 Tsuchitaru, Yuzawa-machi Mid Dec-Early Apr Weekday/Sun/Holiday 10:30-21:00(L.O.) Fri/Sat/Pre-holiday 10:30-21:30(L.O.) Early Apr-Mid Dec Early Apr-Mid Dec Weekday Lunch 11:30-14:00;(L.O.) Dinner 17:30-20:30(L.O.) Sat, Sun, Holiday 11:00-21:00(L.O.) Course menu: 3,996 yen and up



Oozushi I

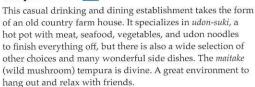
If you're in the mood for sushi, Oozushi is the place. Only the season's freshest catch from the Sea of Japan is used. The chefs are traditionalists that way, but also quite innovative. Ask about the fish, and they're likely to pull a whole fish (or a 14 kilogram octopus) out to explain what you're eating. If you order the Nigiri set, you'll be advised not to dip it in soy sauce. It's individually dressed with a delicate original sauce. The chirashi-zushi (sushi over rice in a bowl) is a real treat.

http://www.oozushi.com/ 5-minute walk from Echigo-Yuzawa Station ≥ 321-13 Yuzawa, Yuzawa-machi Lunch: 11:40-14:00 Dinner: 16:40-21:30 Around 6.500 ven



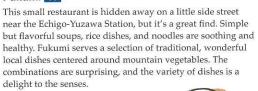


Chaya Moritaki



T 025-784-3600 7 minute walk from Echigo-Yuzawa Station 357-5 Nishinaka, Yuzawa-machi 17:30-21:00 (Lunch11:30-14:00)(Dinner 17:30-21:00); Closed on Wed

Fukumi 1



T 025-784-3871 http://kyoudohukumi.web.fc2.com/ 5-minute walk from Echigo-Yuzawa Static ≥ 336-3 Yuzawa, Yuzawa-machi Weekday: 18:00-22:00; Dinner 18:00-22:00: Dinner 2,000 ven, cash only



Table Manners in Japan

- •Lift the bowl towards your mouth when eating rice or soup
- ·Hide your mouth with a hand when using a toothpick
- .Don't blow your nose at the table
- . Don't refill your own glass of beer or sake (refill other people's glasses; they will refill yours)
- *Tipping at restaurants is not expected. (the service fee is included in the price)
- Napkins are not commonly provided
- *It's taboo to stand your chopsticks in the rice (this reminds people of a funeral ritual)
- . Don't pass food from chopsticks to chopsticks (again, this reminds people of a funeral ritual)



Useful Japanese

Graciously we receive. Itadakimasu. (customary phrase before a meal)

Thank you for the treat. Gochiso sama deshita. (customary phrase after a meal)

May I have a second serving? Okawari dekimasu ka?

I have allergies to ------ ni arerugii ga arimasu. I can't eat --

Onaka ga ippai desu.

Okanjo onegai shimasu

--- wa taberare masen. May I have the bill, please?

I'm a vegetarian. watashi wa yasai shika tabe masen.

Shopping in Yuzawa

In this small town, shopping is easy. Echigo-Yuzawa and GALA Yuzawa Stations have extensive shopping areas with something to suit every taste. Shops along the main street near Echigo-Yuzawa Station also have a wide array of souvenirs and gifts.



(1) Koshi-no-Ajiwai

This hand-made sake comes from a brewery that was established in 1781. You'll be raising your tiny glass to toast its delicate flavor and aroma. Cheers to its long-lived tradition. Sake Museum "Ponshu-kan" - 1,390 yen

(2) Gobo Karinto

This traditional Japanese snack surrounds rich, earthy burdock, or gobo, with fried flour dough and brown sugar to create a delicious treat. CoCoLo Yuzawa/Gangi Street - 410 yen

(3) Yukiguni Renga, Sake Chocolate Brownie

Subtle sake flavor makes this brownie a unique Yuzawa treat. It's less sweet than its American brownie cousin, but it's sure to please CoCoLo Yuzawa/Gangi Street - 1,190 yen

(4) Art Tenugui "Toki" (crested ibis)

This traditional multipurpose towel is suitable for framing (and they do sell it that way, but it's a lot harder to carry home). It's a gift that's sure to please your artsy friends Hiyorido - 1,188 yen

This very simple traditional craft ball doll is wrapped with crepe material. It's incredibly cute and sure to bring a smile Mirakuan - 300 yen

2 025-780-6055 4-minute walk from Echigo-Yuzawa Station Sat 10:00-21:00 Other days 10:00-18:00

This tiny shop, packed with traditional crafts, sells tasty handmade treats. Its specialty is sweet bean paste surrounded with mochi wrapped in

T 025-784-3029 4-minute walk from Echigo-Yuzawa Station 315-9 Yuzawa, Open at 9:00 No Scheduled Closure

Sake Museum "Ponshu-kan"

This gourmet grocery in Echigo-Yuzawa Station is themed on sake and rice. It has all kinds of traditional and

innovative foods that fit perfectly with sake or rice.

T 025-784-3758 www.ponshukan.com/ Inside Echigo-Yuzawa Station Jan-Mar, 9:00-20:00; Apr-Dec, 9:00-18:00

CoCoLo Yuzawa/Gangi Street

A marketplace of local specialties mimics an old outdoor Japanese food market. It has a great variety of traditional snacks, sweets, seasonings. and other gift items.

A great place to browse for gifts for friends or for yourself.

T 025-784-4499 http://www.cocolo-station.jp/pc?sc_name=yuzawa Inside Echigo-Yuzawa Station Jan-Mar, 9:00-20:00; Apr-Dec, 9:00-18:00

Hiyorido

Specialty shop of Japanese traditional crafts from interior accessories, fashion items, and ceramics. Give yourself some time to look around. The place is filled with amazing souvenir and gift ideas.

318-6 Yuzawa, Yuzawa-machi



Mirakuan

bamboo leaves.

Closing times change daily

How much is this? Kore wa ikura desuka?

Can you ship this overseas? Kore wa kaigai ni okutte moraemasu ka?

Can I use a credit card? Kurezitto kaado wa tsukaemasu ka?

Can I buy this duty free? Kore wa menzei de kaemasu ka?

Can I try this on? Kore o shichaku dekimasu ka?

Staying in Yuzawa

Yuzawa has no shortage of accommodations. From large resort hotels at the base of the ski slopes to traditional Japanese-style inns and small family inns, you have a wide variety of choices to meet your needs, lifestyle, purpose of your trip, and budget. Generally, you'll find better deals by making advance reservations through online reservation sites. Call the YuzawaTown Tourist Information Center(→page15) at 025-785-5678 for infomation and assistance in English.

Resort Hotels

If you are staying at a ski resort in Yuzawa, there are large-scale hotels with restaurants and shops as part of the resort. They offer package plans that include use of the ski lifts. Most hotels have western style rooms and

Japanese-style tatami rooms. A twin room for two usually means a room with two beds, which are more common than a double size bed. Bed sizes are both shorter and narrower. It's rare to find American queen- or king-size beds. If size matters, check before booking. Bed sizes are usually listed on reservation sites.





Ryokan (Traditional Inns)

Unless otherwise specified, the price of a Japanese traditional inn usually includes dinner and breakfast. Prices vary based on the type of the room and the menu for meals. Some large inns have rooms with beds and dining halls,

but most have tatami mat rooms where you eat and sleep. Be aware that the meal times are limited. Maids come to put out the futons after dinner. In the morning, they put the futon mattresses away. So don't expect to go back to bed after breakfast. Checkout times tend to be earlier than hotels. That's authentic Japanese style.





Minshuku (B&B)

The original meaning of minshuku is similar to a British boarding house or a bed and breakfast, but in terms of facilities, it's mostly like a budget version of a ryokan. They usually serve breakfast and dinner in guest rooms or in a communal dining room, but most minshuku also accept reservations without meals. They are usually run by a family or a small number of people. The minshuku can be more homelike than a ryokan. The service may be less elaborate, but they're certainly comfortable and clean.



Too Much to Carry? Ship It Out.

Domestic shipping is both inexpensive and reliable in Japan. For luggage, you can ask the hotel or inn where you're staying to arrange overnight shipping to get your bags to your next destination, whether that's your home, a hotel, or an airport. They usually have airbills for you to fill out. Many shops will arrange for shipping as well. On Japan's main island, a package from Yuzawa will usually arrive the next day. Japanese trains, including the Shinkansen, don't have space for large luggage, and going through busy stations carrying heavy bags is a real hassle. It's much easier to ship things. Two major carriers are listed below

Yamato Transport

http://www.kuronekoyamato.co.jp/en/send/

Sagawa Express Services

http://www.sagawa-exp.co.jp/english/service/

Useful Japanese

How to Enjoy a Ryokan (Japanese Inn)

- •Take off your shoes at the entrance and put
- •Take off your slippers before entering a tatami
- *There are separate toilet slippers. Be mindful not to wear toilet slippers in other parts of the hotel. *Expect that room service personnel will show up unannounced and open the door to your room before you're able to stop them.
- *It's normal for service personnel to enter your room while you're away to tidy up the room. •Many toilets are equipped with warm water sprayers to clean your bottom. If you're unsure about how to use them, then it's probably better

not to experiment.



How to Wear a Yukata

In most ryokan, you will be invited to change into a yukata (a traditional Japanese robe) to relax. Usually, you can walk around in the ryokan and go to communal bath or dining room in a yukata. It's even okay to go for a walk outside, weather permitting. A cotton filled jacket, or hanten, will keep you warm in winter. Ask for an extra large yukata if you are taller than average.

How to put on a yukata:

- 1. Put your arms through the sleeves.
- 2. Wrap your body with right side first so that the left collar is on the outside. 3. Put the obi (sash) around your waist and tie a simple knot in the front.

If the vukata is too long, adjust the length at







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Getting Around in Yuzawa

Town Buses

Route buses are an economical way to reach ski resorts and other tourist destinations during the day. There are five bus routes starting from the bus terminal at Echigo-Yuzawa Station, outside the east exit. Schedules with English are listed on the bus stops. Be aware that the buses are very infrequent in a day, and the last bus leaves around 18:30.



Using the Bus in Yuzawa

- Bus stops are easy to recognize. (1) • In Yuzawa, the back door is the entrance. (2)
- The front door is the exit. Get an entrance ticket when getting on the bus. (3) . The bus stops and fares are listed on the digital
- display toward the front of the bus.
- . Near your stop, push the stop button.
- . Pay at the front when you're getting off the bus. You need exact change, but there's a money changer at the front of the bus. (4)

Bus Routes in Yuzawa

Buses leave from near the east exit of Echigo-Yuzawa Station (see the map below)

Route 1: Toward Naeba Prince Hotel, 6:10-18:45 (about 50 minutes through Kandatsu)

Route 2: Toward Yomogibashi, 7:15-18:20 (through Nakazato)

Route 3: Toward Daigenta Canyon, 7:10-18:20 (through Iwappara)

As of 2015. Bus departure times may be subject to change. Payment should be made in cash only.



You can take a cab from the taxi stand at the station. From other places, you will need to call a cab company to dispatch a taxi Most cabs hold up to 4 passengers, but you can request a Jumbo Taxi that can carry up to 9 passengers

Be aware that taxis have automatic doors that are operated by the driver. Stand back as the door opens. Don't close the door (as this could hurt the driver),

In Yuzawa, taxi fares are metered, based on the time and distance. Jumbo Taxis cost 25% more than regular ones.

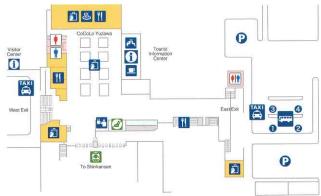
Typical regular taxi fares from Echigo-Yuzawa Station.

Yuzawa Kogen Ropeway 680 yen NASPA Ski Resort 770 yen Iwappara Ski Resort 1,310 ven Kagura Ski Area Mitsumata Station 2,840 yen Daigenta Canyon 3,200 yen Naeba Prince Hotel

Naeha Ski Resort 7,070 yen Payment is by cash only.

*Winter and late night premium, 20 percent

Payment should be made in cash only. This is a rough estimate of the fee.



MAP OF ECHIGO-YUZAWA STATION

Shuttle Buses

Most major hotels operate shuttle buses from Echigo-Yuzawa Station. Most shuttle buses are free for guests.

Rental Cars

Major Japanese rental car companies have branches in or near Echigo-Yuzawa Station. Be aware that many roads are narrow and steep, and the signs are often only in Japanese. This is only for people with experience driving on Japanese roads. For safety reasons, driving during the snow season is not recommended.



Electric Bicycle Rental: "Tabi-Chari"

Charinko is a nickname for a bicycle in Japan. You can rent an electric bicycle to easily get around the town's hilly streets.

Inquire at Visitor Center Yukiguni Kankosha Echigo-Yuzawa Onsen' near Eching-Yuzawa Station's west exit 2 025-785-5353 lours: 9:00 -17:30 or at 12 inns and hotels around town: 6:00-19:00 Price - 2 hours: 500 yen; 4 hours: 1,000 yen; Full day: 1,500 yen

Practical Information

Banking and Local Currency

It's a good idea to always carry some cash when you're in Japan. Be aware that many shops and restaurants in Yuzawa don't accept credit cards. Even if they do, there's a chance that you won't be able to use credit cards that are issued overseas. Generally, you can get cash from your bank card or credit card at the following locations. Both systems can be navigated in English.

Yucho Ginko ATM Japan Post Bank

There are four of these ATM locations in Yuzawa.

See the website: www.jp-bank.japanpost.jp/en/ias/en_ias_index.html

Seven Bank ATM

There are ATMs located inside 7-Eleven stores (near Echigo-Yuzawa Station and in the Naeba Prince Hotel)

Prepaid cards and debit cards cannot be used at Seven Bank ATMs.

http://www.sevenbank.co.jp/intlcard/index2.html





Tourist Information

There are two tourist information desks in and near Echigo-Yuzawa Station. You can get a lot of information about places throughout the Snow Country region: Echigo-Yuzawa, Minami-Uonuma, Uonuma, Tokamachi, Tsunan, Minakami, and Sakae



Tourist Information Center

- · English-speaking guide
- · Brochures available in English
- · Baggage holding service

2 025-785-5678 Inside Echigo-Yuzawa Station 2427-1 Yuzawa-machi, Minami Uonuma Open: 8:00-18:00 every day



Visitor Center "Yukiguni Kankosha Echigo-Yuzawa Onsen"

- · Brochures available in English
- · Baggage holding service
- **2** 025-785-5353

Near the west exit of Echigo-Yuzawa Station 2431-1 Yuzawa-machi, Minami Uonuma Open: 9:00-18:00 every day

Personal Safety

Violent crimes, organized crime, and theft are rare in Yuzawa. However, hotels and inns recommend that customers deposit valuables at the front desk or use in-room safes. At the hot spring baths, use the available coin lockers to keep jewelry, wallets, and cell phones for security and peace of mind.

Electricity

Yuzawa is in the eastern region in Japan. The electrical voltage is 100 volts at a frequency of 50 Hertz, the same as in Tokyo. (60 Hertz is used in western Japan, including Osaka and Kyoto). Power outlets are the same as ungrounded (two-prong) North American outlets. Some electronic devices work without an adaptor. Other devices won't work properly or could be damaged by the differences in power.

Emergency Numbers

Police: 110

Fire/Ambulance: 119

Yuzawa Insurance Medical Center: 025-780-6543

U.S. Embassy (Tokyo) 03-3224-5000

British Embassy (Tokyo) 03 5211-1100

Canadian Embassy (Tokyo) 03-5412-6200

Australian Embassy (Tokyo) 03-5232-4111

New Zealand Embassy (Tokyo) 03-3467-2271

Useful Japanese

Please call the police. Keisatsu o yonde kudasai

Where is the lavatory? Toire wa doko desu ka?

Take me to a hospital. Byouin ni tsurete itte kudasai.

I can't speak Japanese Nihongo wa hanasemasen

Is there anybody who speaks English? Eigo ga hanaseru hito wa imasu ka?

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Guided Bus Tour

Norasshai Kokoro, a 3-hour bus trip with a local guide, will take you to historical and cultural sites and scenic views around Yuzawa. The bus leaves from in front of Hatago Isen, near the west exit of Echigo-Yuzawa Station.

Inquire at the Visitor Center "Yukiguni Kankosha Echigo-Yuzawa Onse @ 025-785-5353

Spring and Autumn Salurday, Sunday, Monday Alternoon tour, start at 13:30. Tour takes approx. 3 hours



Literature Reference Room

Kasumi-no-ma



Part of Takahan's literature collection



Collection of autographs



Shigeru Nakazawa (painting)



Sakado Castle transom



Sakado Castle transom



Gentaro Kumakura (door at Mikuni Gongen Shrine) Cultural asset designated by Yuzawa Town government



[left] Tekkan Yosano (calligraphy) [right] Akiko Yosano (calligraphy)



Hakushu Kitahara (calligraphy)

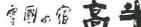
Open Hours:

9:00 - 17:00 (closed occasionally)

16:00 -: "Snow Country" video screening Admission: 500 yen/adult

(free of charge for Takahan guests, elementary school children, and younger children)

The lodge where Yasunari Kawabata wrote his famous novel "Snow Country"









The ryokan where Yasunari Kawabata's masterpiece "Yukiguni (Snow Country)" was written.

The first line of Kawabata's masterpiece Snow Country is "The train came out of the long border tunnel, and there was the Snow Country". This classic by the famous writer was composed in Takahan's "Kasumi-no-ma" room between the late autumn of 1934 and 1937, and tells the poetic tale in beautiful prose of the tragic love between Shimamura and the geisha Komako, set in the bleak winter at "Yukiguni no yado" Takahan.

Towards the end of 1937 Shotaro Hanayanagi gave a moving performance for one month at Shinbashi Theater. His autograph is also on display.

Then from the autumn of 1956 until the late spring of 1957, with Takahan as the setting, the novel Yukiguni was made into a film. It was an allstar cast with the main roles being taken by Ryo Ikebe as Shimamura, Keiko Kishi as Komako and Kaoru Yachigusa as Yoko, all directed by Shiro Toyoda. This production was a popular hit which received much praise across the board.

Much of this film of Yukiguni was based in the Kasumi-no-ma room in Takahan at the time of writing. This room was recreated and has been preserved to this day.

We hope that everyone who stays in Takahan can feel that they are in the Yukiguni novel for a night and remember the tragic love story of Shimamura and Komako the geisha.

Also, the poets and songwriters Tekkan Yosano and his wife Akiko, and Hakushu Kitahara and his wife, came to the baths at Takahan and composed a song in the "Yukiguni no ma, Kasumi no ma" room. The brush that they used is now a treasured possession of the establishment. The artist Hakutei Ishii also stayed in "Yukiguni no ma, Kasumi no ma" and drew a highly prized picture of a ski resort.



This hotel has Yuzawa's oldest pedigree. Over 900 years ago the founder of Takahan, Hanroku Takahashi, a native of Shibata in Echigo Province (modern day Niigata Prefecture) was travelling to Kanto and passing through this undeveloped area when he was suddenly taken ill. Heading up a mountain stream searching for snakes or frogs from which to make medicine, by chance he discovered a natural hot spring source.

About 830 years ago there was a big landslide but that did not stop the flow of hot spring water. Around 300 years ago there was an avalanche which collapsed the building of the time. It was rebuilt 200 metres from the spring source. According to Bokushi Suzuki in "Hokuetsu Seppu (Snow Stories of Northern Etsu Province)"

Takahan was used as a way station by daimyos heading to the capital to carry out their official duties.

In the museum you can see carved wooden lintels from Sakado Castle. 900 years ago Yuzawa used to be part of its territory. You can also see a carving crafted by Gentaro Kumagaya, an artisan during the Kansei period (1789-1801) who was resting during a journey through the area.

Through the years the spring water has been thought to be medicinal, and also effective for beautiful skin, hence being called 'tamago no yu'. It has also been said to be effective for curing palsy. Since the Meiji Period and the extension of the Shinetsu train line the onsen has grown into a ryokan in the mountains.

In September 1931 Asia's first tunnel (the 9th one in the world), the Shimizu tunnel, opened, and the Joetsu Line was completed. Suddenly Yuzawa Onsen became well known. The amount of snowfall and the skiing also made it famous and celebrities came.

Throughout the ages, regardless of all else going on, for over 900 years without stopping, the spring has been providing Takahan with natural onsen water. The sulphur crystals have the same aroma as in the past, and the facility and the generations of the founder's family who run it have looked after the onsen, and the name Hanzaemon Takahashi has been passed down through the male line to the present day.



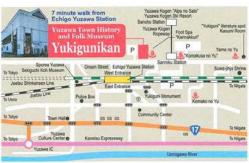


- Museum Hours / 9:00-17:00 ※ Front desk open until 16:30
- Parking / 10 spaces (free)
- Contact / 949-6101 Niigata-ken, Minamiuonuma-gun, Yuzawa-machi 354-1
 Tel. (025) 784-3965 Fax (025) 775-7550
- Admission Fee

	Individual	Group (15+ guests)
Adults	¥500	¥400
Children	¥250	¥200

- Travel time via highway
 From Tokyo (167km) Approx. 1 hr 50 min
- From Niigata (131km) Approx. 1 hr 30 min
 From Kanazawa (339km) Approx. 4 hours
- Travel time via Joetsu Shinkans
- From Tokyo Approx. 1 hr 10 min
- From Niigata Approx. 50 min
- Travel time via
- From Kanazawa Approx. 2 hr 30 min





《URL》http://www.e-yuzawa.gr.jp/yukigunikan/ 《E-mail》 yukigunikan@e-yuzawa.gr.jp



Yukiguni and the Four Seasons of Yuzawa by Kawakami Shiro, forefather of children's illustration.

Spending his final years in Yuzawa, Kawakami Shiro left behind many famous works inspired by the beauty of nature around him. Known as the forefather of Japanese children's illustration, his works express the original landscape of Japan.



ori no Tabi (Carp Streamer)





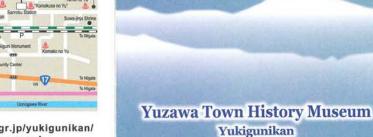


Tiffany & Co. travel alarm clock

Kawakami Shiro Profile

1889-1983. Graduated from the Western Painting department of Tokyo University of the Arts. Employed as an art teacher at a junior high school, later joined Kodomo Publishing as an illustrator. Made main artist for cover art and illustrations for Kodomo's magazine, Dowa (Fairytale). Helped found the first administration of the Japan Children's Illustrator Association. Evacuated with his family to Yuzawa in 1945 after intensification of WWII. Settled and remained in this area with his family. Awarded the Noma Illustration Award, and the Kurushima Takehiko Culture

Chinese cups and





Immerse yourself in the scenery of **Snow Country.**

Kawabata Yasunari's novel "Yukiguni," which takes

The world described in that book brings a deeper, more real understanding of Yuzawa's historic landscape. Experience the world of Yukiguni through galleries and the beautiful backdrop of Snow Country - Yuzawa.

> The train came out of the long tunnel into the snow country. The earth lay white under the night sky. Excernt from "Yukiguni")

> > This is the famous opening line from the novel "Yukiguni." Even if you've visited before, this line

> > perfectly describes a visitor's first



the view of glowing nighttime snow as seen rom a train window as it exits a tunnel. It books monochrome at first, but there are subtle ints of blue and brown as well.

by Maki Susumu

by Takayama Tatsuo (Imperial Order of Culture recipient).
A gentle gaze toward all living things, thoughtful gesture to all living people... the are common Takayama's art.

"I've been practicing this one since last fall."

A chill swept over Shimamura. The goose flesh seemed to rise even to his cheeks. The first notes opened a transparent emptiness deep in his entrails. and in the emptiness the sound of the samisen reverberated. He was startled-or, better, he fell back as under a well-aimed blow.

(Excerpt from "Yukiguni")

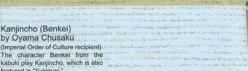




to the heroine of "Yukiguni." The geisha Matsue is said to biddle for Komako. "The Geisha Komako's Room" is replicate:

And the room he had only this moment left had become part of that same distant world. Startled at himself, in need of something to cling to, he stopped a blind masseuse at the top of the hill.

(Excerpt from "Yukiguni")





Satsuma Jofu Kimono

Heirlooms of

Oshima Sill Kimono and Haori Coat Two of Kawabata's favorite



 Kawabata Yasunari Profile nded his own life four years later in is office in Zushi, Kanagawa. His most famous works include "Izu no Odoriko," and "Miyako







Snow Country Lifestyle Corner Yuzawa's culture developed in harmony with nature This corner displays the historic way of living. Sit at the open hearth, touch the traditional furniture, and experience the authentic lifestyle of old Yukiguni.



Yuzawa History Corner











Bus stop Bus stop number

①番線

Bus stop:

â

Echigo-Yuzawa Station

Shinkanser

↓ (Bullet Train)

Naeba Prince Hotel

Express(winter only)

4

Daigenta Canyon Camp Site

Nakazato Snow-Wood Ski Resort -

Yuzawa-Nakazato Ski Resort

Yuzawa-Isuchitaru Area



C2

Hot spring 'Yama no Yu' 12

Spa GALA No Yu(GALA Yuzawa) J3

B3 Hot spring 'Yukisasa no Yu' K3

NASPA New Otani

Mirakuan

Takahashiya

Murataya sports

Ski Rental "Benri"

TOYOTA Rent a Car

Sake Museum 'Ponshu-kan' D2,G6

Mitsumata, roadside station P3

Noguchi honten, Super market C4 Hot sp

Cash service

D2.G5

D2,H6

К3

F1,J5

Ginrei Hotel

Lodge lizuka

Ceramic workshop 'Asahi-gama

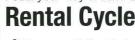
E2,H6	Footbath 'Hatago' C2,F6	7-Eleven(Chuetsu, Yuzawa-Kandatsu) R1	
E2,H6	Footbath 'Kannakkuri' E2,16	7-Eleven(Echigo-Yuzawa Sta, East Exit) C5	
D2,G6	Footbath 'Karakasa-Tei' D2,G6	7-Eleven(Echigo-Yuzawa Sta. West Exit) D2,G6	
D3,G7	Honjin K3	Mitsumata Post Office P3	
H6	Hot spring 'Iwa no Yu' R1	Naeba Prince Hotel K3	
H6	Hot spring 'Kaido no Yu' P3	Yuzawa Post Office D3	
rket C4	Hot spring 'Komako no Yu' G3	Tsuchitaru Post Office R2	
tion P3	Hot spring 'Komakusa no Yu' F2,J5	01/	
ts" F2	Hot spring 'Sakeburo Yunosawa' D2,G6 Information Ce		
-	Literature (Obstantante e Mail NO	Asses Information Control D2 F6	

Hot spring 'Shukuba no Yu' N3 Area Information Center D2,F6 Yuzawa Town Office

[TEL] 025-785-5505 http://e-yuzawa.gr.jp

Yuzawa Town Tourist Association

[Address] Kandatsu 300, Yuzawa-machi, Minamiuonuma-gun, Niigata

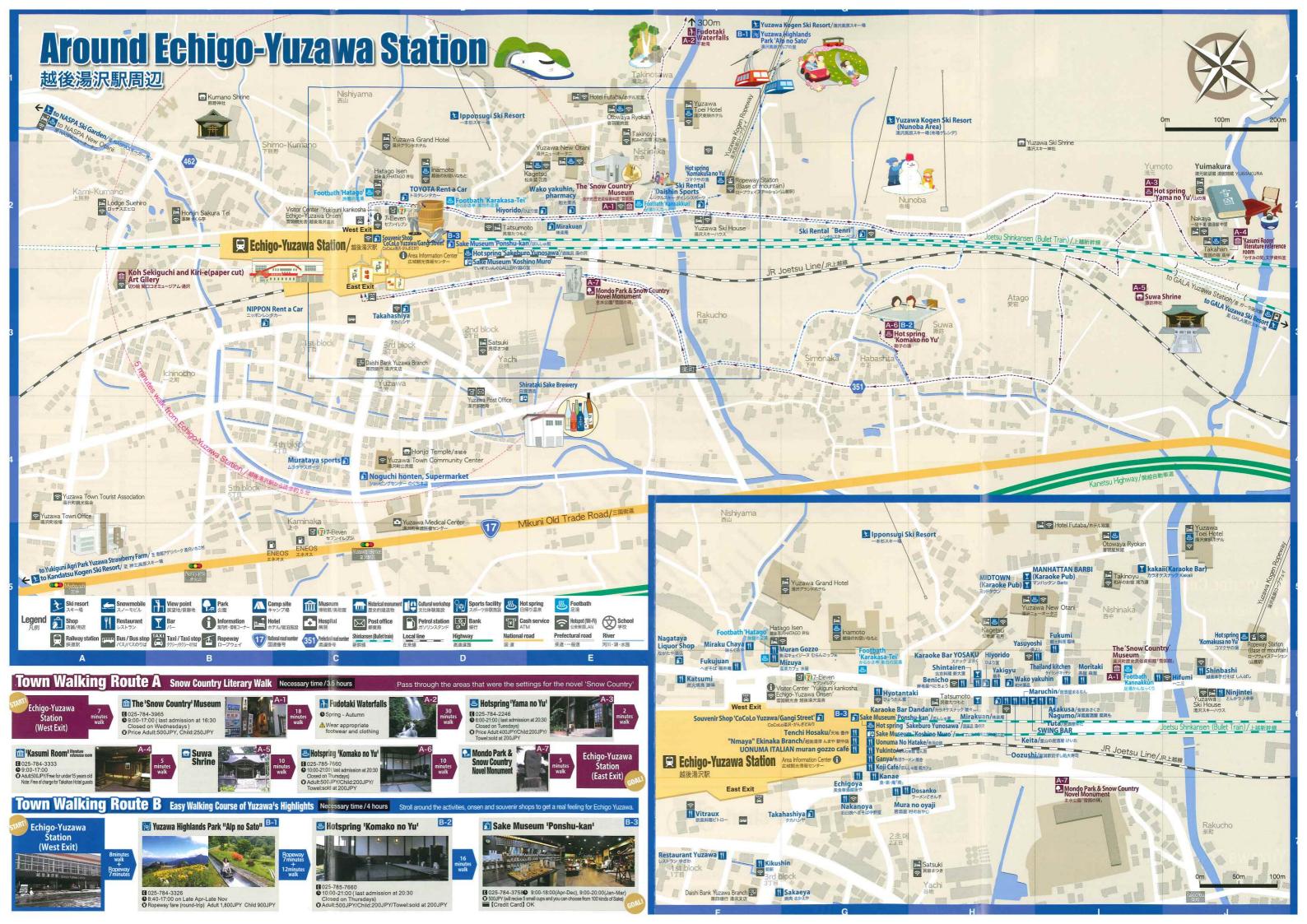


Pedal your way around the town!

[Rental Agency] Visitor center 'Yukiguni kankosha Echigo-Yuzawa Onsen', 12 hotels in Yuzawa Yuzawa Toei Hotel Takinoyu

Otowaya Ryokan Hotel Futaba Yuzawa New Otani Yuzawa Grand Hotel Hatago Isen NASPA New Otani

[Business time for Rental] [Visitor center 'Yukiguni kankosha Echigo-Yuzawa Onsen'] 9:00-17:30[Hotels]6:00-19:00 [Price] [2hour]500JPY/[4hour]1,000JPY/[1day]1,500JPY [TEL] 025-785-5353 (Visitor center 'Yukiguni kankosha Echigo-Yuzawa Onsen')



Our Recommendations

*This information is current as of October 2014 ※掲載情報は2014年10月現在の情報です。



Kenchin Set Meal 1,300 yen

Shougetsu Dinner Restauran

Opening Hours: 20:00-23:30 Closed Day: No set day Tel: 025-780-6111



Ramen Shop In front of Yuzawa Statio

Opening Hours: 18:00-26:00

Closed Day : Thursdays

900 yen each

Small Hegi Soba (for 2-3 people) 1,960 yen Grated yam topping 210 yen per person

Fukujuan Hegisoba

Opening Hours: 11:00-14:30, 17:00-20:00 Closed Day : Tuesdays Tel: 025-785-5230



Kenchin Mochi Hotpot 1,100 yen

Mirakuchava Home-style cuisine & hand-made udo

Opening Hours: 11:00-21:15 (Last Order) Closed Day: No set day

Onsen Pudding

Mizu-ya Onsen Coffee (HATAGO Isen)

Opening Hours: 9:00-18:00 Closed Day: No set day



Steamed Koshihikari Castella 220 yen for 1, 1,370 yen for 6

Opening Hours: 8:30-20:00 Closed Day: No set day Tel: 025-784-2164



Lounge Club Okame Nomihoudai 8,000 yen per person (please enquire) Bar Annex Nomihoudai 3,000 yen per person

Lounge Club Okame, Bar Annex

Opening Hours: 20:00-24:00 Closed Day: Sundays & Holidays Tel: 025-784-2568/025-785-6175



1 night with dinner & breakfast 6,500 yen (not including taxes)

Tatsumoto Minshuki

Opening Hours: Check-in 15:00, Check-out 10:00 Closed Day: No set day Tel: 025-784-2371



Midorikawa/Kubota

Tatsunova

Opening Hours: 9:00-19:00 Closed Day: Wednesdays Tel: 025-784-3525



Hanzawa-san's Creme Brulee 300 yen by itself, 900 yen with a Jozen sake cocktail, 600 yen with coffee

ougetsu Lounge~ Shousenkaku Kagets

Opening Hours: 7:30-20:00 Tea Lounge, 20:00-23:00 Bar Lounge Closed Day: No set day Tel: 025-784-2540



Deep Fried Meat Balls 900 yen

Opening Hours: 18:00-25:30 Closed Day: No set day Tel: 025-784-2841



Bite-sized Steak

800 yen

YOSAKU Opening Hours: 19:00-25:00

Closed Day : Sundays Tel: 025-788-0851



346 yen

Various Manekineko cats 230 - 20,000 yen

Hivori-dou

Opening Hours: 10:00-21:00 Closed Day: No set day Tel: 025-780-6055



Nomihoudai 3,000 yen per person (min. 2 people)

Dan Dan

Opening Hours: 19:00-26:00 Closed Day : Mondays Tel: 025-785-2560



Nozawa-na Pickles Small 756 yen, Large 972 yen

Miraku-An

Opening Hours: 9:00-18:00 Closed Day: No Closed Day Tel: 025-784-3029



Short rib beef from Niigata 1,200 yen

Yaki-gyu

Opening Hours: 17:00-21:00 Closed Day: Tuesdays Tel:025-785-6006



Nigiri Sushi of the Day (10 pcs) 3,240 yen

Opening Hours: 11:30-14:00, 16:40-21:30 Closed Day: Wednesdays Tel: 025-784-2163



Anti-Hangover Set 1,430 yen

Wako Pharmacy

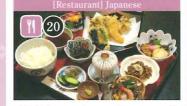
Opening Hours: 9:00-21:00 Closed Day: No Closed Day Tel: 025-784-2059



Etsu Murasaki Soy Sauce 795 yen for 1.81

Kashiwaya

Opening Hours: 9:00-19:00 Closed Day: Wednesdays Tel: 025-784-3422



Maitake mushroom Gozen meal 1,836 yen

Opening Hours: 11:00-14:30, 17:00-21:00 Closed Day: Mondays (Can vary) Tel:025-784-2244

Rice balls made with Minami Uonuma koshihikari 580 yen (2 pcs)

Opening Hours: 17:00-27:00 Closed Day: No set day Tel: 025-785-6170



Maitake mushroom & Mountain vegetable kamameshi 1.550 ven

Opening Hours: 11:00-14:00, 17:00-21:00 Closed Day: Thursdays (Not always) Tel: 025-784-3749



Soft omelette Small 400, Large 550, Big 800 yen

Opening Hours: 18:00-25:00 (Last Order) Closed Day : Wednesdays Tel: 025-785-5725



Female Face Shave 3,200 yen

Tamura Hair Salon

Opening Hours: 8:30-18:00 Closed Day: 1st & 3rd Sundays Tel: 025-784-2742



Udon Hotpot 870 yen per person (min. 2 people)

Opening Hours: 11:30-14:00, 17:30-22:00 (Last Order 21:00) Closed Day: Wednesdays Tel: 025-784-3600

Tonoya's Sasadango

120 yen each

Tonoya Sasadango Shop

Opening Hours: 8:00-20:00 Closed Day: No set day Tel: 025-784-2234



Shooting Gallery 500 yen for 10 shots

Yamazaki-ya Shooting Gallery

Opening Hours: Weekdays 10:00-23:00, Weekends 9:30-23:00 Closed Day: No set day Tel: 025-788-0580



Sashimi of the Day 400 yen

Kaburak

Opening Hours: 18:00-24:00 Closed Day: No set day Tel: 025-784-1007



850 yen

Mitsubava

Opening Hours: 8:30-20:30 Closed Day: Wednesdays Tel: 025-784-2024

Mocha Roll



Air-dried Uonuma Koshihikari Rice 5,600 yen for 5kg

Hiyori-dou Aji-ichi

Tel: 025-784-3678

Opening Hours: 10:00-18:00 Closed Day: No set day



Whole Roast Sea Perch 2,000 yen (depending on size)

Opening Hours: 11:30-13:45 (Last Order), 17:30-21:30 (Last Order) Closed Day: Wednesdays Tel: 025-784-2039



Green or Red Karaisuke Small 520 yen, Large 880 yen Karaisuke Honpo

On sale at souvenir shops

Tel: 025-775-7601



1,500 yen

Opening Hours: 11:00-20:00 Closed Day: Wednesdays Tel:025-784-2309



Closed Day: No set day

Tel: 025-785-5727

Fillet Set Meal 1,620 yen Opening Hours: 11:45-21:00

Opening Hours: 7:00-18:00 Closed Day: No closed days in winter Tel: 025-784-3515



Yuzawa Kogen Ropewa

Opening Hours: 8:40-17:00 Closed Day: 25th November - 18th December Tel:025-784-3326



1 night with dinner & breakfast 6,500 yen (not including taxes)

Opening Hours: Check-in 15:00-23:00, Check-out 6:00-10:00 Closed Day: No closed day Tel:025-784-2375



1,080 yen for 720ml

Fujimiya Sake Shop

Opening Hours: 9:15-19:00 Closed Day: Sunday (No set day in winter) Tel: 025-784-2623

越後湯沢温泉通り うちんしょのおすすめ Echigo Yuzawa Onsen Street

Our Recommendations

発行元/湯沢温泉通り事業協同組合 平成27年12月発行



業種別アイコン **Business** Type Icon Key









遊ぶ



Echigo Yuzawa Onsen Street Map

Mizu-ya Onsen Coffee (HATAGO Isen)

Seven Elever Echigo Yuzawa Station

Tatsuno-

7

11 12 13 16 18 19

Echigo Yuzawa Onsen Street Tourist Information 越後湯沢温泉通りの観光案内所

Echigo Yuzawa Station West Exit Echigo Yuzawa Onsen Tourist Association (Snow Country Region Tourism)

Yuzawa 2431-1, Yuzawa, Minami Uonuma, Niigata Business Hours: 9:00-18:00 Open Daily. Tel: 025-785-5353 URL: http://yuzawaonsen.jp

Welcome to the Snow Country Promenade For a busier, more pleasant and more enjoyable street!

Kannakkuri Foot Bath

Kishimoto Minshuku

Echigo Yuzawa Onsen Street information 越後湯沢温泉通り情報

Great Experiences at Yuzawa's Yukiguni-kan! Try some Japanese Culture

Aya Snack Bar









Arranged by Echigo-Yuzawa Onsen Street Businesses Association Enquiries: Snow Country Region Tourism Tel. 025-785-5353 主催/湯沢温泉通り事業協同組合 お問い合わせ/雪国観光舎 TEL.025-785-5353



A gateway from the Kanto region to Niigata Prefecture Mikuni-Toge Pass National Route 17

Approximately
15 minutes
from Yuzawa IC



Michi-no-Eki
Mitsumata

道の駅 みつまた



Check the road information to ensure a safe and comfortable driving experience



Take a break and treat yourself to Ashiyu (Footbath) and warm meals



A full line-up of Echigo region souvenirs!



Great access to activity spots!





Nature. Gourmet Food and Great Souvenirs Come and Enjoy the Best of Yuzawa!

During spring to autumn, enjoy climbing Mount Naeba and trekking along Mikuni Kaido, and in the winter, spoil yourself with outdoor activities like skiing at Kagura ski resort and Naeba ski resort which boast the best snow quality. Michi-no-Eki Mitsumata provides great access to all these places. The facility offers an abundance of produce, souvenirs and outdoor goods. Come savor local gourmet foods at restaurants and in café spaces that use delicious local ingredients. Dip your feet in the free Ashiyu (footbath), and enjoy a small hot spring experience! Relax your body and soul. By making a quick stopover, you can fully enjoy your journey in Yuzawa.

Information Corner

- 1) Road Information
- 1)) Weather Information
- 1)) Tourist Information

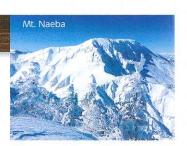
The Mitsumata area in Yuzawa town is known as an area of heavy snowfall. You can check road and weather information for various locations within the prefecture and Mikuni Toge Pass during the severe winter season.



Approximately 20 minutes from Naeba Ski Resort



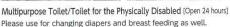
Very close from Mitsumata and Kagura Ski Resort!



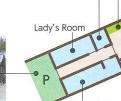


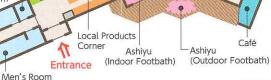












Outdoor Goods

Information Corner





Our recommendation is the Kenchin Motsuni

soup (vegetable soup with pig giblets) using the branded "Mochi Pork"! Fresh giblets

that are unique to the region.

Restaurant

are prepared with care and

simmered until soft and delicious. Other goodies to try include the very popular "Special Rich Soft Cream" and Niigata region limited edition

beer "Fuumi Sokai Nishite" and a line-up of other specialty goods



Come and enjoy outdoor cooking using products from mont-bell and UNIFLAME ♪



Most recommended is the organic store-roasted coffee! You will also find roasted brown rice tea using Koshihikari brand rice, soba tea produced in Uonuma, local sake, Echigo wine and many more. For a light snack, try the rich soft cream, pancakes with plenty of Mitsumata honey and

Ovaki dumplings produced by mont-bell.



Ashiyu (Footbath)

Restaurant

Usage of the Ashiyu facility is free of charge. There is one inside the facility and one on the wood deck. Ashiyu sign curtains are made from local specialty "Shiozawa pongee". (Towels: JPY¥200)

























